

QUIT BRIEF



Quit Tobacco - UCanQuit2 is now YouCanQuit2

The Department of Defense's official tobacco education campaign has a new look. "Quit Tobacco - UCanQuit2" is now, "YouCanQuit2". We are excited to share the new YouCanQuit2 logo and brand with you, as well as our [new website](#)! We've freshened things up, but our mission - to help U.S. Service members quit tobacco - remains the same.

Check out the following enhanced resources for health educators available on the new YouCanQuit2 website:

- Bulk Order Materials:**
 Order our print and promotional products to support your local tobacco cessation efforts.
- Resources for Health Professionals:**
 Find resources, like infographics, fact sheets and quitting activities, to educate and support Service members or enhance the tobacco cessation programs you already have in place.

Share this information about YouCanQuit2 resources with Service members:

- 24/7 Quit Tobacco Live Chat:**
 Use this 24/7 live chat feature where coaches can answer your questions and give you the support and encouragement you need to quit tobacco.
- Savings Calculator:**
 See how much money you'll save when you live tobacco free by using this savings calculator.
- How to Quit Tobacco:**
 Learn how to make and stick to a quit plan and how medications and other options can help you on your journey.

We hope you enjoy our new site and continue to refer tobacco users and colleagues to our tools, print and promotional materials and website! As always, please [contact us](#) with any additional resource needs or ideas for the site!